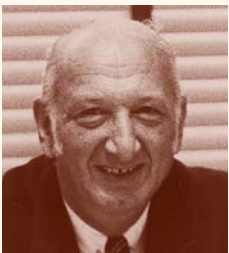


## In Memoriam



**S. Paul Ehrlich, M.D., M.P.H. '61**, died January 6, 2005, at Bethesda Memorial Hospital in Boynton Beach, Florida, at age 72. An epidemiol-

ogist and public health officer, Ehrlich served as acting surgeon general under Presidents Nixon and Ford. He was among six surgeons general who in 1994 urged Congress to ban smoking in public buildings and to enact stricter controls on secondhand smoke and the sale and advertising of tobacco. Ehrlich helped defend the Public Health Service's Commissioned Corps and the Office of the Surgeon General at a time when both were in danger of being eliminated. He often represented the United States on the executive board of the World Health Organization. He was deputy director of the Pan American Health Organization and held teaching positions at Georgetown University's School of Medicine, the University of Texas School of Public Health, and the UC Berkeley School of Public Health. He received the Public Health Service's Outstanding Service Medal, Distinguished Service Medal, and Meritorious Service Medal. Ehrlich is survived by his wife, three daughters, and one grandson.

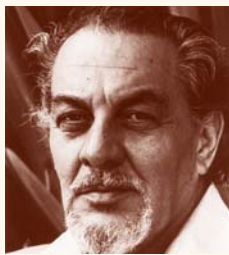


**Edwin M. Gold, M.D., F.A.C.S.**, died December 6, 2004. One of the original obstetricians/gynecologists in the United States, Gold was a graduate of the

Long Island College of Medicine and a diplomate of the American College of Obstetricians & Gynecologists. He taught at the Long Island College of Medicine, UC Berkeley School of Public Health, Brown University School of Medicine, and Makerere University Medical School in Uganda. He was the first obstetrician to win the Martha May Eliot Award of the

American Public Health Association. If you wish to make a gift in his memory to the School of Public Health Fund, mail your check (payable to the "School of Public Health Fund") to the Office of External Relations, UC Berkeley School of Public Health, 140 Warren Hall, Berkeley, California, 94720-7360, and include a note that the gift is in memory of Edwin Gold.

**Kathleen (Sheehy) Palmer, B.S. '38, R.N., M.P.H.**, died September 29, 2005 at UC Davis Medical Center in Sacramento, California, at age 91. Palmer, who lived in Piedmont, California, from 1951 to 1986, graduated from UC Berkeley with a degree in public health nursing in 1938. She later received a registered nurse certificate from UC San Francisco, a certificate in psychiatric nursing, and a master's degree in public health from Columbia University in 1942. During World War II, she was a member of the Nurse Cadet Corps at UCSF, training nurses for overseas duty. She was active as a volunteer for the Diabetic Youth Foundation, the League of Women Voters, and the Democratic Party. She is survived by three sons and two daughters.



**Octavio I. Romano Ph.D.**, associate professor of behavioral science at the School of Public Health from 1963 to 1989, died February 26,

2005, in Berkeley, at the age of 82. Born in Mexico, he moved with his family to the United States as a child, growing up in the San Diego area. He enlisted in the U.S. Army in 1943 and served in Europe for two-and-a-half years during World War II. He was awarded the European African Middle Eastern Campaign Medal, Good Conduct Medal, Meritorious Unit Award and World War II Victory Medal. Romano received his bachelor's degree from the University of New Mexico and a master's and doctorate in anthropology from UC Berkeley. He was founder of Quinto Sol Publications, the pioneer publisher of Mexican-American authors. Quinto Sol

published *El Grito: A Journal of Mexican-American Thought*, several anthologies of contemporary works by Chicano authors, numerous novels and other works, as well as awarding the annual Premio Quinto Sol Literary Awards. He is survived by his wife, two sons, and a brother. If you wish to make a gift in his memory to the School of Public Health Fund, mail your check (payable to the "School of Public Health Fund") to the Office of External Relations, UC Berkeley School of Public Health, 140 Warren Hall, Berkeley, California, 94720-7360, and include a note that the gift is in memory of Octavio Romano.

**John Robert Ward M.D., M.P.H. '67**, died November 1, 2004, at the University of Utah Hospital, where he had trained medical students and treated patients for more than 30 years. He was 80 years old. Ward served in the U.S. Army Medical Corps during the Korean conflict, then joined the University of Utah medical school faculty, where he founded and led the rheumatology division in the Department of Internal Medicine. He was also instrumental in establishing the Department of Preventive Medicine at the medical school and chaired that department before his retirement in 1992 as professor emeritus of internal medicine. He received the Distinguished Rheumatology Award from the American College of Rheumatology; he was also a fellow of the American College of Physicians and received the Utah chapter's Laureate Award. He retired from the Utah Air National Guard as a colonel, having served as the commander of the 151st USAF clinic for many years. Ward is survived by his wife, four children, two brothers, a sister, 13 grandchildren, and 10 great-grandchildren. 🍷

## In Memoriam



**Sheldon Margen, M.D.**, professor emeritus of public health, died December 18, 2004 at age 85.

Margen made his mark in the field of nutritional sciences

early in his career at UC Berkeley. In 1962, he began working with Doris Calloway, UC Berkeley professor of nutrition, to create the “Penthouse,” one of the first research centers in the country designed to study human nutrition and metabolism. Along with Calloway, Margen directed more than 20 human nutrition studies on a wide range of subjects, including protein, energy, and trace mineral requirements of healthy adults. The results of this work ultimately formed the basis for many of the dietary recommendations that are required on food labels today.

Margen was considered one of the world’s foremost experts in nutritional sciences, particularly in the areas of endocrinology and biochemistry, but he was also highly regarded for his expertise in the area of bioethics and what ultimately became known in the public health field as “wellness.”

In 1984, Margen joined publisher Rodney Friedman and Dr. Joyce Lashof, professor and dean emerita of the School of Public Health, to cofound the *UC Berkeley Wellness Letter*. They had the goal of producing a consumer-friendly health promotion and disease prevention newsletter.

“He felt that the mission of knowledge and science was to better people’s lives,” says Friedman. “He was a great teacher and to be around him was to learn in the sweetest possible way.”

The *UC Berkeley Wellness Letter* is now one of the most highly respected publications of its kind. It has a circulation of more than 300,000 and has generated nearly \$11 million in royalties to date. It was Margen who insisted that all proceeds from the newsletter be used to benefit students at the School of Public Health, including the

*“In over 32 years that we worked together, no student ever got turned away, no idea was too outrageous, no project was too difficult, no injustice was ignored.”*

establishment of an endowment to support students in perpetuity.

“Without Shelly there would have been no *Wellness Letter*,” says Lashof. “He loved people and he dedicated himself to making life better for everyone. He was the most remarkable man I ever met, not only because of his great intellect, but because he was a great teacher and a marvelous human being.”

“He was brilliant, generous and loving in a way that nobody seems to have time for anymore,” says Dale Ogar, managing editor of the *UC Berkeley Wellness Letter*. “In over 32 years that we worked together, no student ever got turned away, no idea was too outrageous, no project was too difficult, no injustice was ignored.”

Margen earned his bachelor’s degree in zoology at 19 and his master’s degree in zoology and experimental embryology at 20, both from UCLA. In 1943 he earned his M.D., graduating at the top of his medical school class at UC San Francisco. The following year, he married Jeanne Sholtz. But Margen’s first two years of married life were spent apart from his wife as he served in France and Germany during World War II. From 1944 to 1946, he served as a doctor with the U.S. Army Medical Corps, where he rose in ranks from lieutenant to captain.

After he returned to the United States, Margen held various clinical positions at both UC and county medical centers, and was a practicing physician in the Bay Area. From 1968 to 1974, he served as founder and president of Berkeley-based Solano Laboratories, which he turned into the first fully automated and computerized clinical laboratory in the western United States.

His first faculty position at UC Berkeley was as a lecturer in the School of Social Welfare from 1956 to 1964. He also held concurrent

positions as a biochemist and then lecturer at UCSF’s Department of Biochemistry between 1960 and 1970. In 1962, he was appointed associate professor in human nutrition at the Department of Nutritional Sciences at the College of Natural Resources. He became a full professor in 1964 and was appointed chair of that department in 1970. In 1979, Margen moved to the School of Public Health as professor and head of the School’s nutrition program. During his tenure as chair, he is credited with revitalizing the doctoral program in public health nutrition.

He retired from UC Berkeley in 1989, the same year he received the Berkeley Citation. After retirement, he volunteered to chair the Peace and Conflict Studies program from 1988 to 1992, and he continued to head the editorial board of the *Wellness Letter* until 2001.

“Even though Shelly has left our lives, his guiding principles of integrity, honesty and healing the world will always be with me,” says Dr. John Swartzberg, Margen’s personal physician, who succeeded him in the position of editorial board chair of the *Wellness Letter*.

In October 2004, the Public Health Library was renamed the Sheldon Margen Public Health Library in recognition of his contributions to the school and the university. Margen is survived by his wife, three sons, and two grandsons. He had another son who died in 2003.

If you wish to make a gift in his memory to the School of Public Health Fund, mail your check (payable to the “School of Public Health Fund”) to the Office of External Relations, UC Berkeley School of Public Health, 140 Warren Hall, Berkeley, California, 94720-7360, and include a note that the gift is in memory of Sheldon Margen. 🍷